

UK STRONGMAN-NORTH
NOVICE COMPETITION 2011
Sunday 28th August

Contact Details

Name:

Age:

Address:

Postal Code:

Phone:

E-mail:

Mobile:

Competition Details

Competition

Sunday 28th August 2011

Time: Register – 11.00am Event Starts – 12.00pm

Location: Moss Farm Recreational Centre
Moss Road
Northwich
Cheshire CW8 4BG

Entry Fee £20

*(All cheques made payable to **UK strongman north**)*

EVENTS NOVICE

- Over Head Press 100kg Axel for rep from the floor head-head
- Van dead lift head-head
- Hand Over Hand 25metres or wagon pull
- Atlas 100kg and 110kg stones for reps on to blue barrels
- 100kg carry and hold over 25m for distance
- Medley duck walk for 10m lode & Drag 15m and 100kg farmers for 15m Fastest time wins 70 sacs time limit

(Weights and events details may be subject to change, but competitors would be notified as to alterations to the competition in advance)

Release of Liability

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against uk strongman-north, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with the novice/open competition and in travelling to and from the event. And in further consideration of permission being granted to me to participate in uk strongman-north and The Northwich Festival 2011 and its related events, I hereby grant any approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate any approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that any approved video or entertainment organization are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to any approved video or entertainment organization hereunder. Therefore I affix my signature below:

Competitors Signature:

Date:

I enclose my £20 entrance fee if sending a cheque please make payable to UK STRONGMAN NORTH

UK Strongman-North Competition

Contact: Mark Preece

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Cheshire

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For updates to competition visit www.ukstrongman-north.co.uk